

## MT. TAMALPAIS STATE PARK (MTSP) HIKE SCHEDULE - 1st Quarter 2010

### Sponsored by the MT. TAMALPAIS INTERPRETIVE ASSOCIATION (MTIA)

(Hike routes are over uneven terrain and are NOT accessible for everyone.)

**SATURDAY HIKES** are moderately paced, about 5 to 7 miles, may have up to 1500' elevation gain. Bring lots of water and a light lunch. Hikes start 9:30 AM sharp, from the following trailhead locations. (Usually returning between 1:15 PM to 2:30 PM that day.)

Jan-01 Rock Spring	MTIA Hike Leaders	New Years Day Hike*	Feb-13 Rock Spring	Tom Dewey	Mt.Tam History
Jan-02 Rock Spring *	Jordan Herrmann	Different Trails	Feb-20 Mtn.Home Inn	Franklin Young	John Muir
Jan-09 Bootjack	Jacqueline Craig	Rushing Streams	Feb-27 Pantoll	Jacqueline Craig	Winter Wildflowers
Jan-16 Rock Spring	Steve Balok	Prep.Hike	Mar-06 Pantoll	Marguerite Murphy	Early Wildflowers
Jan-23 Bootjack *	Marguerite Murphy	Mushroom Hike	Mar-13 Mtn.Home Inn	Madelyn Misite	***Start 12:30 PM***
Jan-30 Mt Home Inn	Filia Franco	Calif.Oak Trees	Mar-20 Pantoll	Tom Dewey	Mt.Tam History
Feb-06 Pantoll	Rani Devadasan	Meditative Meandering	Mar-27 **Rock Spring	Jordan Herrmann	Where the flowers are

\*\* We'll prep for the April 24, Annual Wildflower Hike

**\*Annual New Year's Day Hike from Rock Spring to East Peak, Souvenir Pin and Refreshments when you reach the Top. (Several leaders/groups to choose from, select the pace you prefer.)**

\*\*\*Sat. March 13, @ 12:30 PM, Mtn.Home Inn - This Hike will follow the MTIA Annual Meeting, held 9 AM to Noon at Alpine Club.

**SUNDAY HIKES** start 9:30 AM sharp, from the following trailhead locations. Bring plenty of water and a light lunch. (MTIA recommends starting out with an Easy or Saturday Hike (see above), before going on a Moderate Sunday Hike.)

Jan-01 Rock Spring	MTIA Hike Leaders	New Years Day Hike*	E Feb-21 Trojan Pt.	Dori Organ	Secrets of Early Spring
M Jan-03 Rock Spring	Celeste Burrows	By Creeks & Lakes	M Feb-21 Bootjack	Bob Willoughby	G.Washington
M Jan-10 Mtn.Home Inn	Karen Sapper	Tales of Fern Creek	M Feb-28 Rock Spring	Steve Balok	Mt.Tam Times
E Jan-17 Muir Woods	Dori Organ	"Mushroom Madness"	E Mar-07 East Peak	Bill Stevens	Tam Trivia
E Jan-24 Rock Spring	Bill Stevens	Tam Trivia	M Mar-14 Pantoll	Robert Feist	Mt.Tam History
E Jan-31 Bootjack	Sue Nelson	Trilium (2)	E Mar-21 Rock Spring	Dori Organ	Fantastic Flowers
E Feb-07 Muir Woods	Nancy Skinner	Dark Side of J.Muir,P.2	M Mar-21 Bootjack	Bob Willoughby	Spring Equinox
E Feb-14 Bootjack	Rena Ivy	In Meditation	E Mar-28 Pantoll *	Edna Hickok	Late, Early Bloomers

E Easy Sunday Hikes-Slower paced hike 2 to 5 miles with under a 1000'elevation gain.For beginning hikers, senior hikers&in-betweeners.

M Moderate Sunday Hikes- 7 to 9-1/2 miles, over hilly, rocky terrain, up to a 2,200' elevation gain and are quicker paced.

### Special Hikes

- 2-Jan \*A special hike for Current & Future Hike Leaders.We'll explore less traveled trails that can be incorporated into your future hikes,( Jan.02). If you're up for something new feel free to come along.
- 23-Jan \* Our Annual Mushroom Hike,(Jan.23). Come out and see up to one-hundred (differently appearing) mushrooms.
- 28-Mar \*Our Annual Wildflower Hike w/ Botanists is **set for Sat., April 24**, get ready,on this hike with Edna. (Obtain the three, free Wildflower Brochures, from the **mttam.net** web site, for site location, see below.)

### FAQs

### Answers to FAQs

- If the Upper Mountain is closed due to fire danger.** Hikes from Bootjack, Laurel Dell, Rock Spring, Trojan Point and East Peak will start from Pantoll and will stay below Panoramic Highway.
- Does rain cancel?** The hike leader will be at the trailhead and make the decision for a regular hike, unofficial hike or to come back another day.
- Map to Trailheads** Trailheads are shown on the reverse side of this schedule. A free Park map is available at Pantoll Kiosk.
- Hike Info Phone, or if the Hike Leader is Sick** Call **(415) 258-2410** to hear our taped message about upcoming hikes. Due to last minute illness of a Hike Leader or unpredictable road or traffic conditions or not being able to find a replacement leader, a Hike Leader may not be able to make it to the hike. In that case hikers are advised to seek information at Pantoll Kiosk.
- MTIA Web Site** Be sure to go to **mttam.net** for the latest Hiking Schedule changes and more detailed info about the Hiking Programs & Mt Tamalpais State Park, including free maps and nature brochures, provided by MTIA.

The following **Wildflower Brochures** are available on the **mttam.net** web site under Mt.Tam, drop down, Visitor Center and go to the bottom for the .pdf links. Brochures available are "Some Fav.Mt.Tam Wildflowers," "Chaparral Plants of Mt.Tam" and "Rare & Endangered Plants of Mt.Tam", all by Marguerite Murphy.

**East Peak Visitor Ctr.&RR Barn** - Don't miss magical East Peak and the Park's Visitor Center and the new, Old Gravity Car & RR Barn.

**California State Parks Web Site** Go to <http://www.parks.ca.gov/parkindex/> to find Mt. Tam and all the other great California State Parks.